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Symbios Project Newsletter Nº 8 — October 2014

## News | Informational visit to the cooperative L'Olivera



L'Olivera is a small cooperative located in Vallbona de les Monges, a village of 260 inhabitants in the province of Lleida. In its project combines an economic activity based on the production of wine and oil and a social component, aimed towards the inclusion of disabled people. As part of the activities carried out by Symbios, an informational visit was made to learn about this project. More information [here](#).

## Symbios Resources



### Cartoon

Brainstorm about demographic change and possible ways of facing it.

[Read more on the web](#)



### Healthy Galicia

This plan created by the Xunta de Galicia aims to improve life quality through sport.

[Read more on the web](#)



### Labranza

A Televisión de Galicia informou sobre o Proxecto Symbios no programa 'Labranza'.

[Read more on the web](#)

## Materials



### Philoxenia Plus

Symbios was invited to the concluding conference of this European project.

[Web](#)

[Programme](#)

### In Everybody's hands

The cooperative Trespés made a video about communal forests in Galicia.

[Access video](#)

### Euromontana

The European Association Montana holds its 9th Conference on mountain areas in Bilbao. .

[Web](#)

[Brochure](#)

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**The Interview.** José Ramón Lete Lasa. Secretary General of Sports, Xunta de Galicia..



### How is the rural demographic crisis affecting the quality of life of the population, and which are the most affected sectors?

Galicia is not immune to the widespread problems caused by the demographic crisis in Europe. As well as in other societies around Europe, the current trend shows a clear population ageing, shrinking in rural areas, and a decline that increases each year in sectors such as agriculture and cattle breeding – which are vital for Galicia's economy. The young generation goes to urban areas seeking a future that they cannot envision in rural areas. Our elderly look for the socio-sanitary solutions that they need in the city, as well as other necessities for their quality of life.

[Read more on the web](#)



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FONDO SOCIAL EUROPEO  
"O FSE inviste no teu futuro"

This is the Symbios Project Newsletter. The Symbios Project is an opportunity to meet, to exchange and to learn together about the challenges of demographic change and its consequences for the welfare and the social inclusion, focussing both in people and vulnerable territories in Galicia and other affected European Regions. If you have any questions or want to tell us something, contact us [here](#) and if you want to stop receiving this newsletter, click [here](#)